

## **LOCH EARN SAILING CLUB – Training week 2009**

*PLEASE READ AND KEEP FOR YOUR INFORMATION*

### **General Information**

Thank you for your enquiry regarding this year's Loch Earn Sailing Club Training Week. Please find enclosed a FORM for you to COMPLETE and RETURN. PLEASE READ THESE NOTES CAREFULLY BEFORE COMPLETING THE FORMS.

- ◆ The course runs from Monday 6 July to Friday 10 July. We begin each day at **10am** with a briefing for the students **EXCEPT ON Monday** when we start at **9am** for **registration**. Students are free to leave when **all tasks are finished** and **they have been dismissed by the class instructor** at approximately 4pm every day.
- ◆ On Friday we will be having a prize giving for the giving out of certificates at approximately 2.30 pm when family and friends are welcome.
- ◆ We are offering courses to suit all standards from total beginners to the hugely experienced. Students do not have to be swimmers to take part.
- ◆ **AT THE END OF THE WEEK ALL STUDENTS WILL BE ASSESSED BY THE CLUB PRINCIPAL** and their Log Books will be completed to show the standard they have achieved. All students will get a certificate of attendance or any RYA certificates for which they qualify.

**THE FEE FOR THE COURSE IS £150** per child (current members under 16) and £175 per child (non-members under 16). Adult training will also take place at a cost of £200 for members and £240 for non-members.

PLEASE NOTE this fee is a one week membership.

The course fee includes the cost of the BBQ on Wednesday evening (approximately 5pm ) to which family and friends are welcome at an additional cost of £7.50 per adult and £5.00 for under 16s. Children under 5 are free. **PLEASE ADVISE NUMBERS AT REGISTRATION ON MONDAY MORNING.**

If you are a member of the club please make sure that your membership is **fully paid up.**

**Please note that incomplete forms will be returned and places will not be “saved”.**

When your form is received and a place allocated, an acknowledgement will be sent out. Once all the places are taken, a waiting list will be started.

**Please return your completed form by Post to**

Neil Morris, LESC Training Week, 23 Sedgebank, Ladywell,  
Livingston EH54 6HE

If I can give further help please feel free to phone me on 01506 433846 OR E-MAIL [neil.h.morris@blueyonder.co.uk](mailto:neil.h.morris@blueyonder.co.uk)

Please detach and return application form, contact sheet and parental consent form

**CONTACT SHEET**

FOR .....

Contact Name and Relationship

Contact Number  
Address

Post Code

**Alternative Contact**

Name and Relationship to applicant

Who has my authority to act on my behalf as the guardian of my child

Contact Number  
Address

Post Code

**MEDICAL**

Name of Family Doctor

Address

Telephone Number

**Application Form**

Students Name

Address.....  
.....  
.....

Contact Telephone Number

Email Address

Date of birth if under 18

How far can you swim? Please delete  
Non Swimmer/ <10m 50-100m >100m

T shirt size? Please delete

Child 8-10 years/ 12-14 years

Adult S M L XL XXL

**Previous Sailing Experience**

RYA Certificate Held .....

Other sailing experience

Do you have an RYA logbook Yes/No

## PARENTAL CONSENT FORM

FOR .....

**Medical Information** If the answer is yes to any question please give details (detail on separate sheet if necessary)

Does the applicant suffer from any condition requiring medical treatment, including medication?

**YES/NO**

To the best of your knowledge, have the applicant been in contact with any infectious diseases or suffered from anything contagious in the last month.

**YES/NO**

Is the applicant allergic to any medication?

**YES/NO**

Has the applicant had a Tetanus injection in the last five years

**YES/NO**

Does the applicant have any food allergies

**YES/NO**

Does the applicant have any special dietary requirements (for the BBQ)

**YES/NO**

## DECLARATION

I undertake to inform the course organiser should any of these factors alter prior to the commencement of the course.

I agree to my son/daughter/myself (the applicant) (delete as necessary) receiving emergency medical attention, including anaesthetic, as is considered necessary by the medical authorities.

I understand the extent and limit of the insurance cover provided.

I acknowledge the need for responsible behaviour on his/her part. During the course photography/videos may be taken and used for instructional or promotional purposes

I agree to my son/daughter taking part in the above activity and having read and understood the information sheet I agree to his/her participation in all of the activities mentioned.

I HAVE READ AND UNDERSTOOD THE TERMS AND CONDITIONS

**SIGNATURE**

DATE